

Please save a copy of this message for future reference.

The following address has been added to the <list name> list:

<sender name> <<sender address>>

You will receive individual messages from the list. To instead receive digest versions of the messages, send the following command to <server address>:

subscribe digest <list account>

You can send messages to the list and your messages will be sent to the other list subscribers. Send messages to:

<list name> <<list address>>

To send a request, enter the command in the body of the message and send it to:

<server name> <<server address>>

To receive help, send the following command to <server address>:

help

To be removed from the list, send the following command to <server address>:

unsubscribe <list account>